

# Go Bag

*In the event of a disaster cell phones, computers and ATM's may not be working.*

## **Standard Backpack – polyester, water repellent**

### Safety

- 1 Contents Bag
- 1 Life Light Flashlight – Five year shelf life
- 1 Battery Operated Glo-Lite – 30hrs, waterproof
- 1-3 Energy Bar – 400 Calories
- 1 Emergency Drinking Water in pouch
- 2 16.9 oz. Bottled spring water
- 1 Signal Whistle
- 1 N95 Disposable Respirator
- 1pr Nitrile Protective Gloves
- 1pr Industrial Gloves – cotton/leather with safety cuff
- 1 Rain Poncho – 2.2 ml. Cotton drawstring in hood
- 1 Mylar Blanket
- 1 Hand Warmer Packet
- 1 Ice Pack
- 1 Safety Vest
- 1 Reflective Arm Band
- 1 Multi-Function Tool with pouch (pliers, knife, screwdrivers, saw, bottle opener)
- 1 Radio/Flashlight/Compass on Lanyard
- 1 Additional radio batteries
- 1 Carbon Monoxide Detector – Disposable
- 1 Duct Tape



### FIRST AID (make sure your kit has the following items)

- 1 First Aid Guide
  - 1 Tweezers
  - 1 Knuckle Bandage
  - 1 Fingertip Bandage
  - 1 Gauze Pads
  - 1 ABD Pad (extra absorbent pad)
  - 1 Roll Adhesive Tape
  - 1 Antiseptic Wipes
  - 1 Wash up Towelettes
  - 2 Alcohol Wipes
  - 2 Safety Pins
- Pain Reliever Packet



### PERSONAL HYGIENE KIT

- 1 Toothbrush
- 1 Toothpaste
- 1 Razor
- 1 Comb



- 1 Wash up Towelettes
- 1 *Purell* Hand Sanitizer
- 1 *Shout* Wipe
- 1 Sewing Kit
- 1 small pouch of feminine pads
- 1 Kleenex travel pack

**VITAL INFORMATION**

- 1 ID Holder – zippered vinyl pouch with split ring
- 3 ID & Personal/Family Information Cards – PVC
- 1 DNA/Fingerprint/Photo Identification Kit
- 1 Zippered Vinyl Portfolio with imprinted document checklist
- 1 Pen – Sharpie Waterproof Twin Tip
- 1 Note Pad & Pencil with vinyl cover
- 1 Disposable Camera (helpful if waterproof)
- 1 Disaster Response Brochures



**OTHER**

- 1 Pair of Shoes
- 1 Pair of Socks
- 1 Change of Clothes
- 2-4 Candles
- 2 Boxes of Matches
- 1 Extra Batteries Pack
- 1 Hat/Cap
- 1 Larger Flashlight
- 1 Mosquito or Bug Repellant
- 5 *Ziplock* Bags



**OFFICE GO BAG EXTRAS**

- 1 Backup Disk of Important Files (suggest back up files every week/month and replace current CD in Go Bag)
- 1 Hard Copy of Contact Names/Addresses/Numbers of Staff
- 1 Hard Copy of Media Contacts
- 1 Diocesan Directory



**HOME GO BAG EXTRAS**

- 1 Copy of Passport
- 1 Copy of Birth Certificate
- 1 Insurance ID Cards
- 1 Names/Addresses/Numbers of Bills – Hard Copy
- 1 Saline Solutions for Contacts & Glasses
- 1 Church Directory – Hard Copy
- 1 Backup Disk of Personal Files
- 1 Extra Cash

