

Good Samaritan Community Services Mission

Changing Lives Through Excellent Community Services

Senior Center Mission & Purpose

Good Samaritan Senior Center is committed to quality services improving the health and quality of the life of older adults. GSCS offers a full time, five day a week program with activities and services designed especially for older citizens, reducing isolation, addressing economic, safety and health care issues. The Senior Center is a collaboration of participants, family, community and staff provide services in a supportive, respectful environment.

Activities and Programs

- Case management
- Senior Nutrition
- Field Trips
- Computer Lab
- Music Appreciation
- Substance Abuse Awareness
- Support Groups
- Legal Counseling
- Diabetes Testing and Support Groups
- Health and Nutrition Fairs
- Walking Club
- Arts and Crafts Classes
- Tai Chi Classes
- Dance classes including *Cumbia* and Line Dancing
- Holiday Celebrations

2007 Outcomes and Results

Program goal: To enable low-income adults who are at risk of social dependence to achieve or maintain optimum social, psychological, and physical functioning.

Outcome # 1

Families in situational crises will acquire the assistance and support necessary for immediate problem resolution.

Result:

- 388 Senior Clients requested services to address their situational crisis.
- Of those, 384 (99%) achieved a positive outcome in obtaining the necessary assistance to resolve their issue.

Outcome # 2

Families facing significant problems of everyday living will receive the comprehensive case management and support necessary to strengthen the family and inculcate the life skills that enable self-sufficiency, positive child rearing practices and/or enhanced quality of life.

Result:

- 232 Senior Clients attended regular weekly activities and monthly case management sessions.
- Of those, 202 (87%) achieved a positive outcome by demonstrating optimum socialization and enhancing their quality of life.

Senior Services Site Council

President-Margarita Gonzalez
 Vice-President- Olivia Davila
 Secretary- Ofelia Munoz
 Treasurer- Dolores Mendez
 Sgt. At Arms- Juanita Ortiz

Senior Services Financials For FY Ending June 30, 2007

Revenue

| | |
|----------------------|-----------|
| United Way | \$190,196 |
| Contributions | 51,664 |
| EMW Katrina | 150,379 |
| COSA- District 5 | 2,170 |
| COSA- Dance/ Fitness | 19,446 |
| Making Connections | 2,862 |

Total \$416,717

Expenses

| | |
|----------------------------|-----------|
| Salaries, Benefits & Taxes | \$259,029 |
| Supplies | 18,614 |
| Telecommunications | 2512 |
| Postage/ Shipping | 142 |
| Professional Fees | 21,475 |
| Occupancy | 3,887 |
| Maintenance of Equipment | 5,707 |
| Print Ads/ Publications | 1,615 |
| Travel | 11,778 |
| Agency Vehicles | 5,128 |
| Specific Assistance | 26,323 |
| Other Expense | 562 |
| Management & General | 59,945 |

Total \$416,717

Senior Services Highlights



Won 4th Place for Best Decorated Table at the City of San Antonio's *Diesiseis Celebration*



The Center celebrated Older American Month with the first Health & Fitness Fair with demonstrations by Dance Therapy and the Silver Sneakers, hearing and vision screenings, and the Center's first Senior Accreditation Luncheon.



Hosted the District 5 Candidates Forum, where the community was provided valuable information on candidate views on issues and solutions for the neighborhood.



Won 3rd Place For Best Decorated Vehicle at the Mardi Gras Celebration Hosted by the City of San Antonio.

Success Story: *The Best of Times*

"Never did I think we would make such wonderful new friends," Armando Aguirre likes to say. "I enjoyed retirement before, but now we come here every day and we can both enjoy it." Mr. Aguirre and Amparo, his wife over 60 years, have been coming to the Good Samaritan Community Services Senior Center since it opened in 2006. Before the Center was built, the neighborhood didn't offer many options for residents like Mr. and Mrs. Aguirre to do things together. He was active in his local VFW chapter, but his wife wasn't allowed to attend those meetings. Fearing that she would become lonely, Mr. Aguirre was excited to see the Center was opening because now they would have something to do together. Although they are busy grandparents to 4 and great grandparents to 2, Armando says the key to such a long and happy marriage is still to make time to be with each other. Before they became regulars at the Center, Amparo had recently begun suffering from the onset of dementia. Now regularly active as one of the Center's most social butterflies, she insists on looking her best before they arrive each morning and Armado is happy to see his wife is feeling better. The couple is helped by their daughter, Patricia, who lives with them in the family home. "My daughter is happy we are coming here now. Everyone feels much better because we have this place. Mr. Aguirre states, "The best part is the Walking Classes." His wife, however, has a different opinion: "Oh no, it is the Dancing Classes that are the most fun!". Mr. Aguirre continued, "I think the best part, really, is just having a place where we both can go. Before, we were just sitting at home. Now we have someplace to go and enjoy together."

